

# BIO

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## ABOUT DENISE

**Denise Robinette** is the owner of HealthyLiving Interiors, a licensed Interior Designer who specializes in Healthy-n-Green™ Interiors. She started this journey over a decade ago after her second child was diagnosed with asthma . This taught her first hand, how vital a healthy indoor environment is in the prevention and management of asthma. She also found that by implementing healthy-n-green design principles with her clients, it promoted healthy living for all occupants of a space . She educates her clients that by designing “healthy” it will promote wellness and by designing “green” it is good for our global environment. Denise works with homeowners, developers, business owners and public facilities in new or renovated interiors. She offers alternative design solutions to incorporate healthy-n-green design principles without sacrificing any design integrity. She believes you can have it all; a beautiful, functional and healthy-n-green interior. She lives and works in Jupiter, Florida with her three children. [www.healthylivinginteriors.com](http://www.healthylivinginteriors.com)

## FOUNDATION

HealthyLiving Foundation was co-founded by Denise in 2002 with a mission to educate the community about indoor air quality issues through knowledge, choices and change. Researchers, policymakers and citizens are educated about the health impact of indoor living environments in order to make the right decisions about protecting the health of our communities. By partnering with local and national organizations, developing educational materials and speaking to policymakers, Denise’s work through HealthyLiving Foundation will help make positive change in our indoor living environments. [www.healthylivingfoundation.org](http://www.healthylivingfoundation.org)

## CHARITABLE ORGANIZATIONS

Working with local and national non-profit organizations is part of Denise’s passion to give back to the global community through education of the importance of the link of our indoor environment to the epidemic increases in current chronic illnesses. She has worked with national organizations such as Center for Health, Environment and Justice and Healthy Schools in their mission to bring awareness to environmental health and its impact on our most vulnerable, our children. She recently was appointed Chair of Advocacy and Community Outreach for the South Florida Asthma Consortium, which covers the Southeast of Florida. She believes that by partnering with other organizations, our children’s voice become louder, bringing positive change to our children’s health and future generations.

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## AUTHOR

### **Healthy-n-Green™ is... Healthy Indoor Air!**

Healthy-n-Green, LLC Published September 2008

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This is the first of a series of Environmental Educational Coloring Books to educate students (6<sup>th</sup> Graders) about the issues of indoor environmental issues. Students are educated through illustrations detailing “problems” and “solutions” to poor indoor air quality. Scientific studies and tips are included on each page relating to specific issues, and resources are provided for further research on each topic. Denise is developing supplemental teaching aids for schools to use in their environmental education curriculum. These series are available to purchase as well as download as an e-coloringbook.

### **Healthy-n-Green™ is..... Green Building**

Healthy-n-Green, LLC Publicity Launch Winter 2009

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Denise’s next Environmental Educational Coloring Book is being developed to educate students (7<sup>th</sup> Graders) about green building. Green Building principles will be detailed, from the initial design of a building to changes in existing building. Energy efficiency, sustainability and healthy principles will be illustrated along with examples of how one persons change can have a positive impact on our global environment. This coloring book will detail room by room, exterior landscaping and building design to give tips about Green Building. Supplemental teaching aids will be available to teachers and schools for further study. These series will be available to purchase as well as download as an e-coloring book.

### **URWhatUBreathe™ - 12 steps to creating a Healthy-n-Green™ Indoor Environment**

Healthy-n-Green, LLC Publicity Launch September 2008

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This CD is full of information to educate the listener on the causes of indoor air pollution as well as easy ways to make your indoor living environment healthy-n-green. Denise shares research studies which directly link our environment to the chronic illnesses and diseases we encounter every day. As a licensed Interior Designer who has been designing interiors for over two decades, she began to focus on designing healthy interiors after having a child diagnosed with asthma in 1996. She will empower you through educating you with tips on becoming your own detective and give you 12 steps to create a healthy-n-green environment. These easy steps will make your living environment a healthy place to live and work, one which will promote wellness while being good for our global environment. She is writing a book with the same title, which will be a more in-depth guide to making your indoor environments healthy-n-green, one choice at a time.

For more information: [www.healthy-n-green.com](http://www.healthy-n-green.com)

# P R E S S

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## PRINT

### APRIL 2008

#### **Delicious Living Magazine**

DeTox Your Home....Is Your living space a secret haven for toxins?

By Megan McMorris

### NOVEMBER 2007

#### **Town Crier**

Expert: Stay Healthy By Keeping Your Indoor Air Clean

By Carol Porter

### OCTOBER 2007

#### **Natural Awakenings Magazine, Fort Lauderdale issue**

How Green is YOUR Interior Environment?

By Denise Robinette

### SEPTEMBER 2007

#### **Idiots Guide to Green Living**

Pages 176-80, 214-215

By Trish Riley

### AUGUST 2007

#### **Natural Awakenings Magazine, Fort Lauderdale issue**

Indoor Living: You have the Power to Create a Healthy Home

By Denise Robinette

### JUNE 2007

#### **Palm Beach Neighborhood Post**

Asthmatic girl wins new breathable bedroom

By Joe Bonikowski

### APRIL 2007

#### **Orlando Sentinel Newspaper – Business**

Group Urges Disney To Go All “Green”

By Scott Powers

#### **Florida Today**

Environmental groups urge Disney World to go “green”

By Donna Balancia and David Berman

## **P R E S S - 2**

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### **NOVEMBER 2004**

#### **South Florida Parenting Magazine**

Kid Décor – Tips for a Healthy Room by Denise Robinette

By Susan Frasca

### **FEBRUARY 2004**

#### **Miami Herald, Legislation 2004 News**

Schools' mold mildew targeted

By Mary Ellen Flannery

### **SEPTEMBER 2003**

#### **Jupiter Courier Newspaper**

Green Flag Program to Honor Independence Middle School

By Jeff Alexander

### **JUNE 2003**

#### **South Florida Parenting Magazine**

Parents must be involved in air-quality issues

By Denise Robinette, HealthyLiving Foundation

### **MARCH 2003**

#### **Daily Business Review Magazine**

Sick of School? Mold problems in Palm Beach County

## **RADIO**

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### **SEPTEMBER 2007**

#### **Robert Bell Radio Show – Talk Radio Network**

Live interview at Get Green Today Expo, West Palm Beach, Florida

30 minute interview about Healthy Schools, Creating Healthy Interiors and being proactive

### **MAY 2007**

#### **WRMF Radio**

Interview about Asthma Friendly Sleeping Zone and 12 tips for making asthma-friendly room

Celebrating Asthma Awareness Month

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## TV

### NOVEMBER 2004

#### **Channel 25, WPTV News**

The New You In November Series

4 parts to the series interview on Recycling, Clutter control in the kitchen, back door Organizing  
By Kristin Hoke

### MAY 2004

#### **Channel 25, WPTV News**

Bed Bugs Report and interview

By Kristin Hoke

### OCTOBER 2003

#### **Channel 25, WPTV News**

Taking the Lead in Our Schools

Interview about HealthyLiving Foundation mentoring Independence Middle School on the  
Green Flags Program, Jupiter, Florida

By Kristin Hoke

## SPEAKING ENGAGEMENTS

### JUNE 2007

#### **Healthy Summits, Miami Florida**

National Black Caucus of State Legislators, National Hispanic Caucus of State Legislators  
Promoting Healthy Lifestyles, Addressing Access to Health Care for the Uninsured

### JANUARY 2007

#### **Expo of the Heart, Fort Lauderdale, Florida**

Presentation: De-Toxify Your Indoor Environment to Promote Healthy Living

### JUNE 2006

#### **Healthy Summits, San Francisco, California**

National Black Caucus of State Legislators, National Hispanic Caucus of State Legislators

### JUNE 2005

#### **Center for Health, Environment and Justice Environmental Health Conference**

Orlando, Florida

### NOVEMBER 2004

#### **Speaking of Women's Health Conference, Channel 2 Miami Florida**

## PHOTOS

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Photography: Pam Constantakos

DENISE ROBINETTE